

What is 4-H?

4-H is delivered by Cooperative Extension—a community of more than 100 public universities across the nation that provides experiences where young people learn by doing. For more than 100 years, 4-H has welcomed young people ages 5-18 of all beliefs and backgrounds, giving kids a voice to express who they are and how they make their lives and communities better.

The program's name comes from the four H's: Head, Heart, Hands, and Health. Each H is tied into our pledge to help the youth understand their purpose in 4-H.

Pledge...

I pledge my head to clearer thinking, my heart to greater loyalty, my hands to larger service, and my health to better living, for my club, my community, my country and my world.

<https://4-h.org/about/>

<https://4-hhistorypreservation.com/History/M-C-P/>

What is a 4-H honor cord?

A 4-H honor cord is a green and white cord that recognizes the seniors 4-H career. Green was chosen because it is nature's most common color and represents youth, life, and growth. White because it symbolizes purity and high ideas.

There is an application, and the senior must apply for the cord. The application requires the senior to complete the below...

- have been enrolled their entire high school career
- Participate in 4 community service events
- Attend camp as a junior councilor, council member, or alike organization
- Serve as an officer for 1 term in at least 1 club
- Write a letter to their county 4-H staff on what they benefitted from 4-H, their skills learned, and how they plan to make a difference.

Why is it important?

4-H is a driving force for our youth to be better, to take responsibility, and to learn and grow by doing. 4-H is also an educational commitment. Allowing our youth to show their chords at graduation is a tremendous educational accomplishment and the final step to completing their 4-H years.

105 Baton Rouge Road | Williamstown, KY 41097 | P: 859-824-3355 | F: 859-824-3391 | grant.ca.uky.edu

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



Disabilities
accommodated
with prior notification.

Grant County 4-H



Martin-Gatton
College of Agriculture,
Food and Environment

Senior Honor Cord Application

Deadline to apply: Application MUST be submitted to the Grant County Extension Office no later than April 15. Mail to 105 Baton Rouge Road Williamstown, KY 41097

Name of Applicant: _____ Date: _____

High School: _____ Graduation Ceremony Date: _____

4-H members wishing to apply to receive a 4-H honor cord must meet the following requirements and write a letter to their county 4-H staff on what you benefitted from 4-H, your skills learned, and how you plan to make a difference.

_____ Enrolled all 4 years of High School Career

• Years in High School: _____

_____ Attended camp as junior counselor, or served on council

• Explain and years completed _____

_____ Participated in 4 or more community service events through 4-H

• List events and year _____

_____ Served as an officer for one of your clubs for a full term

• List office held and year: _____

Club Leader Signature: _____

4-H Agent Signature: _____ Date approved _____

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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