

FAMILY AND CONSUMER SCIENCES

FCS AGENT ASA CONKWRIGHT III



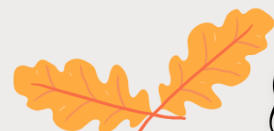
September 2025

 **Martin-Gatton**
College of Agriculture,
Food and Environment

Grant County Extension Office

105 Baton Rouge Rd.
Williamstown, Ky 41097
(859)824-3355

<https://grant.ca.uky.edu/>



Treasurers of Autumn

Northern Kentucky Area Homemakers 2025 Triennial Meeting



OCTOBER 16, 2025

8:30- 10 AM: Registration,
cultural arts check-in, silent
auction

10 AM: MEETING BEGINS

SPECIAL GUEST:
MELODY STAFFORD



 **Martin-Gatton**
College of Agriculture,
Food and Environment



Counties should compile
registrations and send one check
to Grant County Homemakers by
Oct 1st, 105 Baton Rouge Road,
Williamstown, KY 41097

COST:
\$20



Grant County Extension
105 Baton Rouge Road
Williamstown, KY 41097

Register By County: Make check payable to Grant Co. Homemakers and mail form to Grant County Extension, 105 Baton Rouge Road, Williamstown KY 41097.

REGISTRATION DUE BY OCT. 1, 2025

Name: _____

Address: _____

City/St/Zip: _____

Phone: _____

County: _____

**Menu: Please circle
1 meat and 1 dessert**

- Meatloaf **or** Ham
- Lemon Lush **or**
Chocolate Cake/Icing

Sides:

- Mashed Potatoes w/
Gravy, Green Beans,
Salad, Rolls

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities
accommodated
with prior notification.

Cultivating Joy

Tools for Tough Days

Discover ways to help yourself and others navigate life, manage stress and anxiety, and build strategies.

Anchor in the Chaos - Learn tools and strategies to effectively manage stress, anxiety, and overwhelming situations.

Kate Thompson, Campbell County Agent for Family and Consumer Sciences

The Rhythm of Resilience – Explore creative ways to help you through life's ups and downs.

Susan Miller, Boone County Agent for Community Arts

The Architecture of Joy—Discover five pillars of personal happiness.

Diane Mason, Boone County Agent for Family and Consumer Sciences

TUES, 9/16/25, 9:00 a.m. – Noon

Boone County Extension Florence | 7111 Dixie Highway, Florence

Registration requested: 859-586-6101 or boone.ca.uky.edu/on-line registration

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It has been brought to our attention that the caller ID for our All Calls comes up as “Potential Scam” on phones, if it’s not saved in your phone. Please save 859-824-3558 in your phones. We aren’t scamming you!

COOK WILD

A monthly cooking program focusing on common Kentucky game.

Friday, September 5 at 6 PM

We will be featuring: **LOADED BUTTERNUT SQUASH**

Friday, October 3 at 6 PM

We will be featuring: **OVEN FRIED FISH FILLETS**

Program will be held at:
Grant County Extension Service
105 Baton Rouge Road
Williamstown, KY

**Please call to register:
859-824-3355**

An Equal Opportunity Organization

Cooperative
Extension Service



COOKING THROUGH THE CALENDAR

**September 24:
Grits, Greens & Egg Bowl**

Classes will start at 1 PM at the
Extension Office

Call 859-824-3355 to register
Or sign up online

<https://ukygrant.pacecommunity.net/>



ESTATE PLANNING WORKSHOP

4 part series

UK Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.



**ESTATE
PLANNING 101**
SEPT. 2
6 PM



**TRANSFERRING
CHERISHED
POSSESSIONS**
SEPT. 4
6 PM



**FUNERAL
PLANNING**
SEPT. 8
6 PM



***QUESTIONS AND
ANSWERS WITH
ELDER LAW
ATTY**
SEPT. 11
6 PM

**ALL SESSIONS WILL TAKE
PLACE AT:**

**GRANT COUNTY
EXTENSION SERVICE**
105 BATON ROUGE ROAD
WILLIAMSTOWN, KY 41097

*** MUST ATTEND ESTATE
PLANNING 101**

Please call to register: 859-824-3355

or visit:

<https://ukygrant.pacecommunity.net/>

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 Martin-Gatton
College of Agriculture,
Food and Environment

GRANT COUNTY COMMUNITY MARKET

HANDMADE CRAFTS - ART - PRODUCE - FOOD - PLANTS



2025

RAIN OR SHINE!

10am - 3pm

105 Baton Rouge Road
Williamstown, KY 41097

**PREREGISTRATION IS REQUIRED! PLEASE CALL 859-824-3355 OR
EMAIL KARLEY.LUBER@UKY.EDU &/OR
MICHELLE.JENKINS@UKY.EDU FOR INFORMATION ON BOOTH
SET-UP / VENDOR INFORMATION.**

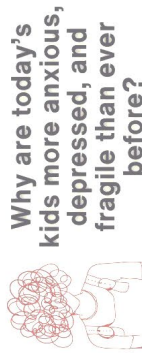
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**Cooperative
Extension Service**
Multi-County Discussion w/
Kenna Knight, Joan Bowling,
& Kate Thompson



**Why are today's
kids more anxious,
depressed, and
fragile than ever
before?**

Psychologist Jonathan Haidt
explores how the rise of
smartphones and social media
has reshaped childhood - and
what we can do to fix it.

*"We have overprotected our
children in the real world
while underprotecting them
in the virtual one."
~Jonathan Haidt~*

THE FIRST 20 PEOPLE TO REGISTER WILL RECEIVE A FREE COPY!



ZOOM BOOK DISCUSSION

**Wednesdays | 7 PM
Two-Part Virtual Discussion
September 10th & 24th**

**Join via Zoom
Call PCEO to register
859-654-3395**

**Cooperative
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KEHA KORNER

SEWING RETREAT

Date

Time

Location:

Oct. 9-10, 2025
9 AM - 9 PM
Grant Co. Extension
105 Baton Rouge Road
Williamstown, KY

RETREAT HIGHLIGHTS:

- ✓ Work on any project
- ✓ Get help from others
- ✓ Don't pack up between days
- ✓ No Fees
- ✓ Bring your own food.

REGISTER NOW!

859-824-3355

An Equal Opportunity Organization



New Skills Day Date!

October 18, 2025

We are looking for volunteers to lead classes at our next Skills Day, which will be held this Fall. If you have a skill you'd like to share with others within an hour-long class, we're asking you contact our office: 859-824-3355



IF YOU ARE INTERESTED IN JOINING THE GRANT COUNTY HOMEMAKERS CONTACT THE EXTENSION OFFICE AND CHECK OUT OUR FACEBOOK PAGE



KNOW YOUR

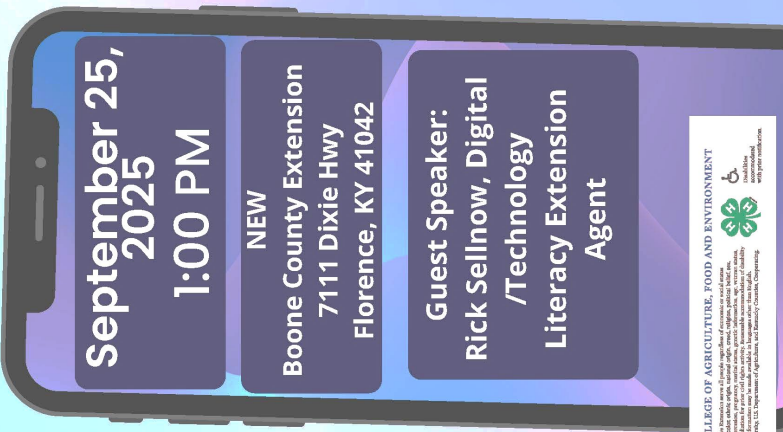
CELL PHONE & APPS

NKY Area Homemaker Management & Safety

Come join us for this informative class about how to use your cell phone to your advantage. The class will also focus on how to use some necessary apps and recognize fraudulent calls and texts.

CALL THE GALLATIN COUNTY EXTENSION OFFICE TO REGISTER

(859)567-5481



Cooperative Extension Service
Agribusiness and Natural Resources
410 South Goodpastore
Williamstown, KY 41097
(859)567-5481
www.grantcountyma.org

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT
Agribusiness and Natural Resources
410 South Goodpastore
Williamstown, KY 41097
(859)567-5481
www.grantcountyma.org

Grant County Homemakers

KICKOFF & ANNUAL MEETING

TUESDAY, SEPTEMBER 9

Must RSVP by:

8/29/25

REGISTRATION: 5:30

DINNER BEGINS AT 6:00

COST: \$15

(AND BRING A PACK OF BABYWIPES)



It's Time to renew your dues!

If you are in a club, please pay your dues. If you are treasurer. If you are mailbox, please renew by mailing to 105 Baton Rouge Rd, Williamstown, KY 41097

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Labor Day: Office Closed	2 Estate Planning 101 6 PM - 7 PM GCES - Doyle Room	3	4 Transferring Cherished Possessions 6 PM - 7 PM GCES - Doyle Room	5 Loving Stitchers 10 AM - 3 PM GCES - Poor Sewing Room Cookwild Thru the Calendar 6 PM GCES - Eckler Demo Kitchen	6
8 WITS Workout 1 PM - 2 PM Williamstown Senior Center Funeral Arrangements 6 PM - 7 PM GCES - Hume After Hours Homemakers 6 PM GCES - Doyle Room	9 Homemaker Annual Meeting/Kickoff Registration 5:30 PM Dinner 6 PM GCES - All Rooms	10	11 Elder Law Q & A Andrew Schierberg 6 PM - 7 PM GCES - Doyle	12 Loving Stitchers 10 AM - 3 PM GCES - Poor Sewing Room	13 Grant Community Market 10 AM - 3 PM GCES - All Rooms
15 Chamber Breakfast Fund Raiser Happy Stitchers 10 AM - 3 PM GCES - Sewing Room	16 Homemaker Council 11 AM GCES - Doyle Room	17	18	19 Loving Stitchers 10 AM - 3 PM GCES - Poor Sewing Room Beginning Sewing 6 PM - 8 PM GCES - Poor Sewing Room	20
22	23 Homemaker Project Day 9 AM - 9 PM GCES - Wilson Room	24 Cooking thru the Calendar 1 PM GCES - Eckler Demo Kitchen	25 Emergency Information Cards and Cell phones & Apps 1 PM Boone County Ext. 	26 Loving Stitchers 10 AM - 3 PM GCES - Poor Sewing Room Dr. Yum's Food Adventure 12 PM GCES - Project Room	27
29 Happy Stitchers 10 AM - 3 PM GCES - Poor Sewing Room	30				



2025-26 Enrollment Form for
Grant County Extension Homemaker Association

Homemaker Dues—\$10

Make checks payable to: Grant County Extension Homemakers
105 Baton Rouge Road, Williamstown, KY 41097
859-824-3355

Name: _____ Date: _____

Address: _____

E-mail Address: _____

Phone Number: _____

_____ New Member _____ Member Renewal _____ Club Name: _____ Or _____ Mailbox Member

_____ Please E-mail my newsletter _____ I'd like my newsletter mailed

Race: _____ White _____ African American _____ Asian _____ Native American _____ Hispanic _____ Other _____

Gender: _____ Female _____ Male _____ Other _____

Age Group: _____ 15-24 _____ 25-34 _____ 35-44 _____ 45-54 _____ 55-64 _____ 65+

I, (Print full name) _____ hereby grant permission to the University of Kentucky, including its affiliates and subsidiaries, and Kentucky Extension Homemakers Association, inc. to interview, photograph, and/or videotape me; and/or to supervise any others to use information from the aforementioned interview and/or the aforementioned images in educational and promotional activities and publications without compensation.

Signature: _____ Date: _____