



Martin-Gatton
College of Agriculture,
Food and Environment
University of Kentucky.

Grant County Cooperative

Extension Service
105 Baton Rouge Rd,
Williamstown, KY 41097
(859) 824-3355

4-H

August '25

NEWSLETTER



MASON MALIN
4-H YOUTH DEVELOPMENT

Sprouting News

New 4-H Year – Starts Sept. 1, 2025

Everyone must complete a new enrollment form.

SRTLC Registration – Due Aug. 20

Open to 9th–12th grade members.

Volunteer Workshop – Aug. 19, 6–9

PM For Club Leaders & 4-H Council Members. Dinner provided. Held at the Extension Office.

As you all prepare for the new school year, no matter what grade you will be going into, remember that a new school year means the ability *To Make the Best Better*. Challenge yourselves to make some new friends, get even better grades than last year, and work harder on your hobbies, sports, and extracurricular activities. Although we are all sad that summer is beginning to come to a close, be happy that you get to return to the friends you haven't seen all summer, be happy for the wonderful new opportunities you will have, and be happy for the time you get to spend learning new things.

To those of you who will be seniors this year, please make the most of your final year. Take advantage of each and every opportunity that comes along, and make sure to take the right steps towards making your dreams a reality.

I am extremely excited for all of the things this new school year has in store for all of you, and also the Grant County 4-H Program.

**Cooperative
Extension Service**

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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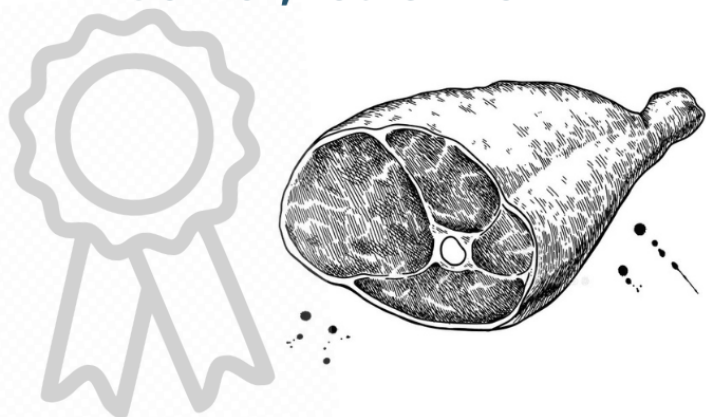
Lexington, KY 40506



Disabilities
accommodated
with prior notification.

What's happening at the Kentucky State Fair?

**Kentucky State Fair & Expo
Center, Louisville KY**



KENTUCKY STATE FAIR

AUGUST 14 – 24



KY EXPO CENTER

From the Country Ham Speech Contest and Cloverville exhibits to livestock shows, cooking demos, and interactive workshops—there's no shortage of ways to participate at the Kentucky State Fair!

Dear 4-H Families and Supporters,
We are excited to cheer on our incredible youth at the Kentucky State Fair Country Ham Speech Contest! After months of curing hams and preparing speeches, our 4-H members are ready to take the stage and showcase their hard work and growth.

Speech contests will begin promptly at 8:00 a.m. on August 14, 2025.

LIVESTOCK SHOWS

AG LAND & DISCOVERY FARM

4-H TRACTOR DRIVING CONTEST

HORTICULTURE CONTEST

WORLD'S CHAMPIONSHIP HORSE SHOW

LIVESTOCK JUDGING CONTEST

4- H CLOVERVILLE



Registration is required to participate in shows and contests, so be sure to reach out to learn how to get involved and meet important deadlines.

CALLING ALL 4-H

VOLUNTEERS!

Whether you're new or returning, we need you to help make the 2025-2026 4-H year a success!

Returning Volunteers:

Please check in with **Mason Malin** to confirm your volunteer paperwork is complete and up to date.

New Volunteers:

Interested in joining as a 4-H volunteer? You **must** complete the Volunteer Application Process. Contact the Grant County Extension Office for more information.

JOIN THE GRANT COUNTY 4-H COUNCIL

Help guide Grant County 4-H by joining the Council! Parents, volunteers, and community members are welcome to support programs and shape local events.

 **All meetings are held at the Grant County Extension Office at 7:00 PM.**

 **Upcoming Council Meeting Dates:**

August 7

September 4

October 2

November 6

December 4

Volunteer
Workshop:

 **17** August 19th |

 **6-9 PM** | 

Dinner Provided

Join us for important updates, training, and a great meal as we prepare for the new program year!

Ants on a Log and Variations

Servings:1Serving Size:4-inch piece

Ingredients:

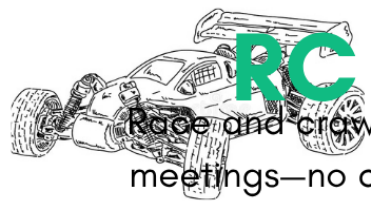
- Ants on a log (celery logs, peanut butter, raisins)
- Ladybugs on a log (celery logs, strawberry cream cheese, dried cranberries)
- Fish in the river (celery logs, cream cheese or hummus, goldfish crackers)
- Ants on an apple (apple wedges, nut butter or cream cheese, raisins)

Directions:

1. Place the spread on celery or apple and place fruit or goldfish on the top.
2. Enjoy!



Source: LEAP...for Health: Zuzana Gassova former Child Development Consultant for Nutrition Education Program, University of Kentucky Cooperative Extension Service.
NUTRITION FACTS PER SERVING: 140 calories; 8g fat; 1.5g saturated fat; 0g trans fat; 0mg cholesterol; 95mg sodium; 4g carbohydrate; 1g fiber; 12g sugar; 4g protein; 0% Daily Value of vitamin D; 2% Daily Value of calcium; 6% Daily Value of iron; 6% Daily Value of potassium.



RC Club

Race and crawl RC cars at monthly meetings—no car needed, we have extras! During winter, the focus shifts to learning RC car maintenance and care.



Sewing Club

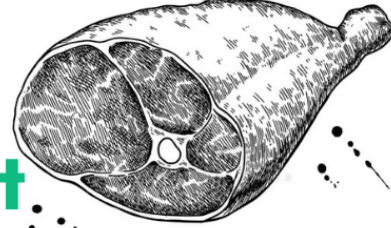
For beginners and advanced! Create fun projects to enter in the county fair.

Cloverbuds

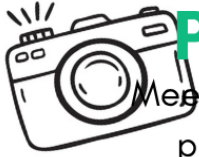


A fun, hands-on intro to 4-H! Cloverbuds meet monthly from October to May to explore animals, nature, crafts, and more. They can join many clubs non-competitively and attend the Cloverbud Overnight Camp.

Country Ham Project



Youth cure their own ham and, if age 9+, give a speech at the county and state fairs. Cloverbuds can participate too. Orientation is required, and all hams must be placed into cure on the MLK Jr. Holiday.



Photography Club

Meets monthly from October to July. Learn photography basics, explore camera technology, and create projects to enter in the county and state fairs.



Cooking Club

The Beginner Cooking Club teaches kitchen basics, safety, nutrition, and simple meals.

The Advanced Club dives deeper into cooking techniques and helps members prepare for the Culinary Challenge competition.

Dog Club

Care for your dog, learn show skills, and prep for the 2026 Fair. Meet once a month in the evenings.

Livestock Club

Youth work hands-on with animals like cattle, goats, poultry, sheep, and swine. Ages 9+ may show at fairs and qualify for the Sale of Champions.

HORTICULTURE & GARDENING



Grow your green thumb! Learn about soil, planting, and gardening crafts. Meets monthly, year-round.



Shooting Sports

Learn archery, rifle, pistol, shotgun, and more in a safe, structured environment led by certified instructors. The club meets from April through September, and limited equipment is available to borrow. It's a great way to build skills, confidence, and have fun while practicing firearm safety.

Horse Club

Horse owner or not—you're welcome! Learn horse care, riding, training, and the business of equines.



4-H Camp

Cloverbud Camp (Ages 6-8) is a fun 2-night overnight camp in June or July, featuring archery, crafts, cooking, swimming, and more. Estimated cost is \$150. 4-H Summer Camp (Ages 9-18) runs Monday-Friday and includes archery, canoeing, crafts, nature, daily swimming, and more. Estimated cost is \$200. Camp dates will be announced in October.

Teen leadership Club

Meets the first Thursday of each month, October through June at 6 PM. Build leadership and teamwork skills, plan a service project, and grow your confidence.


Enrollment forms will be sent home with 4th and 5th graders. Pick up a form at the Grant County Extension Office. Or you can download the form from the Grant County Extension Offices website.



2025-2026 ENROLLMENT INFORMATION

All youth must complete a new 4-H Enrollment Form starting September 1, 2025. The deadline to enroll for the 2025-2026 program year is May 29, 2026.

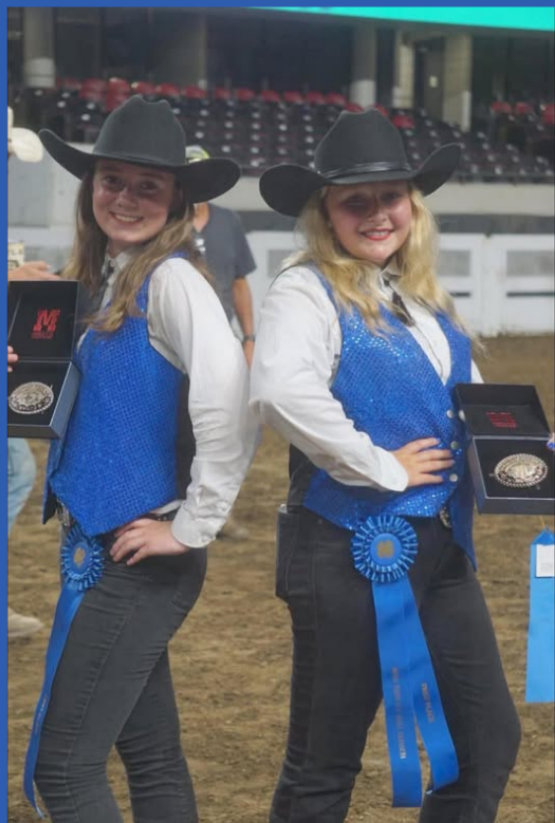
Enrollment is required for all youth attending 4-H Summer Camp. Forms will be available at the Grant County Extension Office, sent home with 4th-5th grade students, and posted online at the Grant County Extension Office website.

 Contact us at:
(859) 824-3355

 Email:
masonmaline@uky.edu

 Visit:
<https://grant.ca.uky.edu/>

Grow with us!



Grant County 4-H is really showing up this year! Congratulations to Malia Melton and Braelynn Burgan who placed 1st with the Young Guns Drill Team!

4-H Member Survey



Parent of a 4-H Member Survey



Southern Region Teen Leadership Conference (SRTLTC)

➔ **Attention 9th-12th Grade 4-H'ers!** ⬅

Join us for the SRTLTC, happening September 18-21 at the Clyde M. York 4-H Center in Crossville, Tennessee!

◆ Cost: \$250

◆ Only 10 spots available – first come, first served

◆ Registration deadline: August 20, 2025

◆ Must have a current 4-H Enrollment Form on file

✉ To register or learn more, contact Mason Malin at masonmalin@uky.edu or call 859-824-3355.

📎 See attached flyer for full details!



SRTLCL

FIND YOUR SPARK AND BUILD FRIENDSHIPS



**September
18th - 21st 2025**

About Our Event

The Southern Region Teen Leadership Conference (SRTLCL) brings together 4-H teens and adults, empowering and inspiring them to create positive change across the Southern Region through youth-adult partnerships. This conference draws participants from six states—Arkansas, Florida, Georgia, Louisiana, Kentucky, and Tennessee—and is held at one of Tennessee's 4-H camps.

JOIN US!

CONTACT

Mason Malin:
masonmalin@uky.edu

Event Highlights

Networking

SRTLCL provides a platform for youth to build meaningful relationships with 4-H members from across the southern states in a supportive youth development environment.

Workshops

Participants engage in interactive sessions that cover a wide range of topics and are led by youth participants and youth committee members.

Southern Showdown

A showdown of skills from each state through a wide range of team events. Activities include basketball, kickball, talent, and knowledge-based activities.

Social Activities

Youth have the opportunity t-shirt swap, parade of states, state swap meet, and a taste of the south where each state brings a food unique to their state.

FIND YOUR SPARK



Cooperative
Extension Service



HEAD
HEART
HANDS
HEALTH

Cooperative Extension Service
Grant County
105 Baton Rouge Road
Williamstown, KY 41097

4-H ENROLLMENT

2025-2026

Everyone **MUST** fill out a new enrollment
form every year

OPEN!

**ENROLLMENT FORMS AVAILABLE AT GRANT
COUNTY EXTENSION OFFICE FOR PICKUP AS
WELL AS POSTED ON OUR WEBSITE**

